

Healing Water

⑥ Moon Seop Seo Passage to the Lake - 2021

Standing in front of a lake calms the mind. That's why designer Moon Seop Seo wanted to take the lake home. But the moment he a glass of collected lake water on the table the magic was gone. The water lost its vitality. Seo wants to bring water back to life with his installation *Passage to the Lake*. Watch as a drop of water falls into a puddle and becomes alive again. Experience the relaxing rhythm of water freeing yourself from the stress of the everyday life.

⑦ Elizabeth Ogilvie Bodies of Water/through which our dreams flow - 2005

Bodies of water/through which our dreams flow of Elizabeth Ogilvie is an immersive video installation that appeals to all the senses. To the left of the viewer, a Japanese drummer responds to his experiences of the moving water. To the right, the artist disturbs the water in a pool in response to the drumming. In the middle, there is a plan view of the reflections alone, jagged lines and moving shadows. Ogilvie isolates water inside an artificial state, to highlight its fundamental qualities. She also invites the audience to create healing patterns in the water themselves.

⑧ Valentine Maurice Day Dreaming - 2023

The relationship between body, time and sleep has been disrupted by our performance society. Our lives do not run in tandem with the natural rhythms of daylight anymore. Resting and dreaming is however essential to build a healthy state of mind. Designer Valentine Maurice offers the spectator to take time off via a sunrise or sunset into the water. The calming powers of water are at the forefront when this alternative water based clock is used in resting or sleeping rituals.

⑨ Pepe Valenti En el fondo del Mar - 2022 & 2023

Pepe Valenti recreates the sparkling reflections emerging when sunlight hits the water of the sea. The installation takes the viewer into an immersive moment, bathed in the fluctuations of light that fill the entire space. *En el fondo del Mar* (at the bottom of the sea) is a powerful sensory experience of moving light and image, found in the deepest parts of the sea. It is a space of absorption of the purest energies, a space to heal surrounded by water, and ongoing currents.

Curator
Annelies Thoelen

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EN

House for Contemporary
Art, Design & Architecture



Vleugel 58

In a constantly stimulating world, water can be a breath of fresh air for our mental well-being. Known for its calming and healing powers, water can help us focus on what really matters. The exhibition *Healing Water* shows calming projects, new rituals and installations for stillness that explore the soothing and therapeutic properties of water.

The artists and designers in the exhibition are in search of meaning and a deeper connection to the elements, and explore the symbolic place the element still holds in various cultures. The artworks invite visitors to pause and be purified both physically and emotionally. *Healing Water* shows the potential and beauty of water for our well-being, and invites us to connect with this precious healing power of nature.

① **Thibeu Scarcériaux**
lust-ral Water - 2023

In designer Thibeu Scarcériaux's meditative installation, the noise and light patterns of the reflective film allude to taking a bath in a gentle downpour. Sit down, close your eyes and let the rain fall on you. The mental drops wash away tension and stress by evoking experiences with soothing water, such as at the spa or in the shower.

② **Nanno Simonis**
To Water Is to Be - 2023

In *To Water Is to Be* of Nanno Simonis, water hits a glass structure with force. Organic and complex patterns are forming because of this captivity. Simonis offers the viewer close up a glimpse into the "sublime" nature of water, or the sense of overwhelming grandeur that transcends any possibility of measurement or imitation. When the water pump stops, droplets are forming, reflecting the environment like lenses. The water that curved restlessly against the glass is now inaudibly quiet.

③ **Katharina Sook Wilting
en Moon Seop Seo**
Shape of Water - 2022

Shape of Water by Moon Seop Seo and Katharina Sook Wilting shows the caustic effect. The characteristic spots of light caused by this effect are optically created by the refraction of light through water. *Shape of Water* wants to reconnect to the philosophical, religious and poetic meaning of water,

in contrast to the utilitarian way in which water is approached within our current economic system. Rather than a resource to satisfy primary needs, the designers want us to visualize water as a poetic entity, helping us to shape a more respectful and symbiotic relationship with the natural environment.

④ **Sep Verboom**
Regenerative Flows - 2023

Regenerative Flows of Sep Verboom is inspired by the calm natural rhythm of travertine deposits in healing springs. A rhythm that escapes our perspectives in the busy society we perform in. When looking at the installation, no changes are to be noticed. But over a period of several months a limestone landscape is formed here step by step. The installation encourages stillness, contemplation and awareness of these everlasting biological processes. Breathing out deeply releases CO₂ and stimulates the growth of the rock even more.

⑤ **Juul Hagemeyer**
Calmness in Chaos - 2023

A continuous flow of incentives and the complexity of modern life lay great pressure on our psyche. With her kinetic installation, Juul Hagemeyer offers a counterbalance: forcing the viewer to focus, to be fascinated, to be aware and to pay deep attention. By allowing ourselves to be enchanted by the rhythm of movement, we give our minds peace and a chance to recover from overstimulation.